

V/240

Unterrichtsmagazin

## The best advice ever – Über Lebensweisheiten bekannter Frauen diskutieren (Klasse 10–13)

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Häufig steht ein guter Ratschlag am Anfang einer positiven Veränderung! Ihre Schülerinnen und Schüler diskutieren über Lebensweisheiten, die berühmte Persönlichkeiten wie Veronica Roth oder Liv Tyler als prägend angegeben haben – und die es damit 2015 in die Bestenliste der Zeitschrift *New York* schafften. Welche (eigenen) Ratschläge waren die Lernenden als ihre Favoriten? – Geeignet für die Vorbereitung auf mündliche Prüfungen oder als *icebreaker* in neu zusammengesetzten Kursen!

### KOMPETENZPROFIL

**Klassenstufe:** Klasse 10–13

**Dauer:** 2–3 Unterrichtsstunden

**Kompetenzen:** 1. Kommunikative Kompetenz: monologisches und dialogisches Sprechen; 2. Soziale Kompetenz: kooperativ eigenes Handeln und soziales Miteinander reflektieren

**Thematische Bereiche:** Giving and receiving advice; Critical Thinking

**Medien:** Diskussionskarten, Bilder

**Zusatzmaterialien:** weiterführende Fragestellungen, Mediationsaufgabe

## The best advice ever

M 3

### The best advice ever (1)

On an American online site, 25 well-known women give the best advice they have ever received. Here are three pieces of advice. Discuss their ideas; find out which one you consider to be the most important one and which effect it might have on one's life and way of thinking. Is there any piece of advice you were given and considered to be really valuable? Write it down in the fourth line and tell the others about it.

<b>1</b>	“Somebody’s negativity dumped on you is a bigger commentary on how they feel about themselves than you. Jessica Seinfeld taught me that.” (Julia Ripa)
<b>2</b>	“My headmistress told me not to be afraid of being afraid.” (Helen Mirren)
<b>3</b>	“You can always forgive yourself or apologize for things you do, but you can’t ever work through things you wish you’d done and you didn’t.” (contributed by Susan Sarandon)
<b>4</b>	

Source: <http://nymag.com/theCut/2015/06/25-famous-women-best-advice.html?wpsrc=nymag>



### The best advice ever (2)

On an American online site, 25 well-known women give the best advice they have ever received. Here are three pieces of advice. Discuss their ideas; find out which one you consider to be the most important one and which effect it might have on one's life and way of thinking. Is there any piece of advice you were given and considered to be really valuable? Write it down in the fourth line and tell the others about it.

<b>1</b>	“Comparison is a thief of joy.” (contributed by Julia Stiles)
<b>2</b>	“Don’t drink all the drinks just because they’re free!” (contributed by Greta Gerwig)
<b>3</b>	“My mom always said, ‘You should judge your relationship not by how a guy makes you feel when you’re with him, but by how he makes you feel when you’re not with him.’” (Mindy Kaling)
<b>4</b>	

Source: <http://nymag.com/theCut/2015/06/25-famous-women-best-advice.html?wpsrc=nymag>



## M 4

## Good advice is rarer than rubies

How to deal with advice



## Task

Choose one of the following topics and work on it with a partner:

1. In German there is a saying that goes "Ratschläge sind auch Schläge". Explain what it means to express.
2. Many newspapers, magazines and online sites have advice columns. Do you read any of them? How good do you think the advice given by agony aunts or agony uncles can be?
3. What might people's motives and ulterior motives be for giving others advice? To what degree do you think they follow their own advice?
4. Go to <https://www.brainyquote.com/topics/advice> and find a piece of advice or pearl of wisdom that speaks to you. Present it to your neighbour and listen to what he or she found really helpful.
5. The following question was published in an online "agony aunt" forum a while ago. Read the question and, together with a partner, discuss what advice you should give the letter-writer.

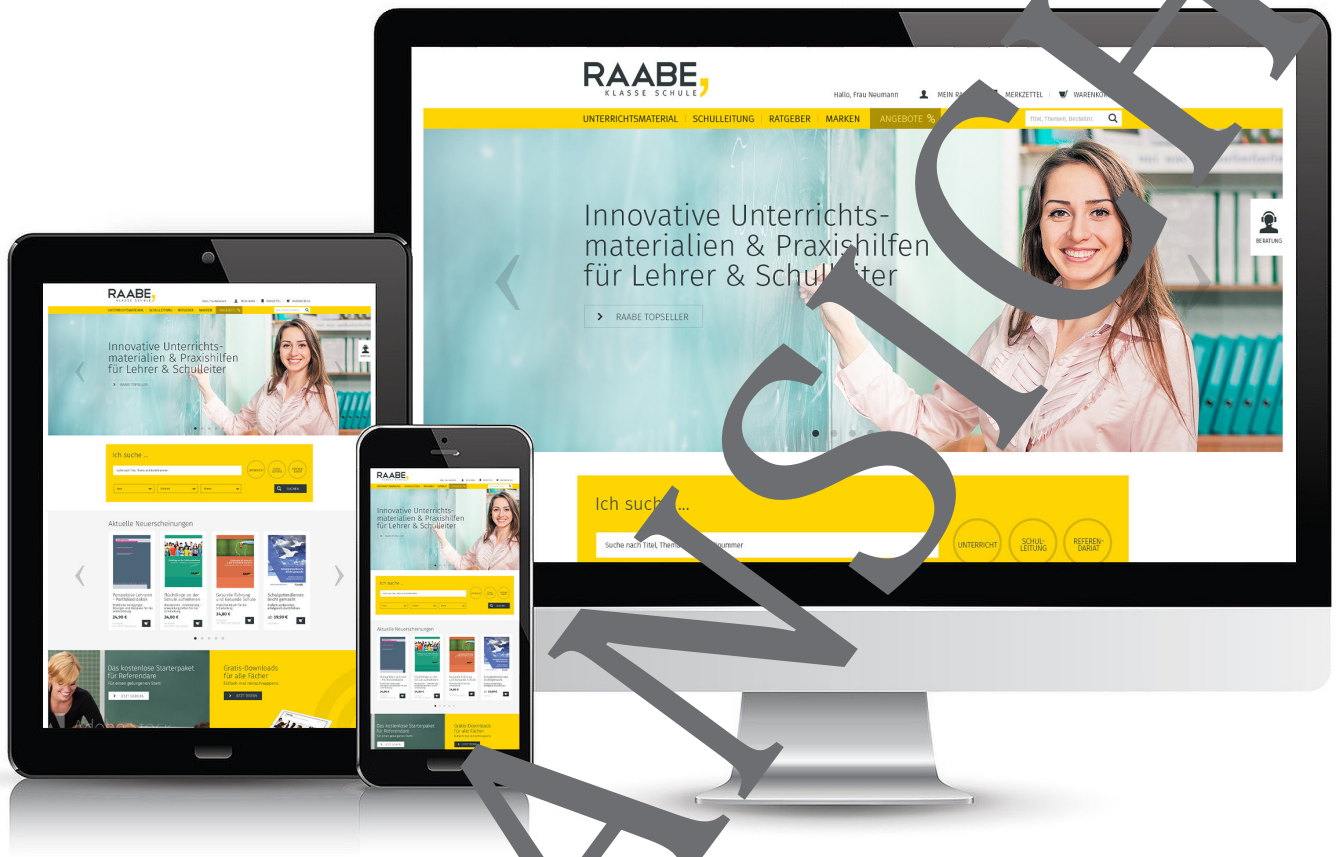
**Q. Small talk, big deal:** For my whole life I have hated small talk. I despise conversations while standing in the Starbucks line, waiting for a child in the pickup area or gathering to watch a sporting event. My husband is great at it and makes great connections with people he meets. I don't think I'm being rude. I'm just genuinely not interested in talking with people I will never see again. It drains my energy and leaves me feeling drained. Is this actually a problem?

Source: Ortberg, Daniel M. *How Should We Tell Our 13-Year-Old That We're Getting a Divorce?*; found at: <https://slate.com/human-interest/2018/05/18/how-to-tell-your-kids-when-youre-getting-divorced-and-more-advice-from-dear-prudence.html>



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